

# Everest Base Camp Trek

Starting In March 2017

Ktm to Ktm 13 Days, 16 days total

## Itinerary :

Day 01: Arrival in Kathmandu

Day 02: Flight to Lukla by plane (30minutes)and trek to Phakding (2700 meters)

Day 03: Phakding to Namche Bazaar (3440 meters)

Day 04: Rest in Namche (3440 meters)

Day 05: Trek to Tengboche Monastery (3860 meters) 5 hours.

Day 06: Tengboche to Dingboche (4350 meters) 5.30 hours.

Day 07: Rest at Dingboche

Day 08: Dingboche to Lobuche (4910 meters) 5 hours.

Day 09: Trek to Everest Base Camp (5365 meters) then back to Gorak Shep (5180 meters). 8 hours.

Day 10: Hike up to Kalapattar (5545 meters) and trek back to Lobuche(4620m.) (optional summit)

Day 11: Trek to pangboche (3750m)

Day 12: Trek to Namche Bazaar (3440 m.)

Day 13: Namche to Lukla

Day 14: Morning flight back to Kathmandu. 30 minutes.

Day 15: Free Day

Day 16: Departure

## Service includes

- All transportation after arrival in Kathmandu
- Standard Accommodation in the cities and tea houses during the trek.
- All meals included during the trek (Breakfast, Lunch, Dinner and Tea/ Coffee)
- Guide
- National Park Fee
- Trekker's information management system (TIMS) card fee.
- General First-Aid Kit for all.
- All taxes and fees required for the program.
- 4 Night hotel in Kathmandu
- Round trip Domestic plane fare Ktm to Lukla ,Lukla to Ktm

Service does not include

- Meals in the cities.
- Personal expenses (Laundry, bar bills, water etc)
- Travel Insurance (Essential).
- Personal trekking gear not mentioned in the contract.
- Tips for staff.
- Personal first aid Kit.
- Personal Porters to carry personal packs
- Travel from your home country is not included in the price.

**Trip Price**

**\$3500 Per Person**